

# Lymphoedema Therapist Meeting

Date	Time	Location
11/6/19	7-9pm	Stirling Health Professionals
Attendees	Dianne Parker, Berit Jardine, Mel Horton, Rachel Bootsma, Matischa Sewell, Angela Balinski, Sharon Ray (Genesis), Kim Lauren, Natalie Stehbens, Jane Gorton (& Harry), Naomi, Rosemary Kendell, Monica, Susan Rollason, Kuniko Tanaka.	

Topic	Genesis Care Group – Sharon Ray
Discussion	<p>Broad range of modalities, over 2000 employees worldwide. Sleep care, heart care, cancer care.</p> <p>Radiation treatment photon based external beam. Patients are not radioactive during treatment. Breast doses are tangent (across the breast) whereas node radiation is direct and through body to the back. End of week 1/2 shows burns larger breasts some parts get a larger dose. Natural moisturisers recommended like QV, no metal content, Genesis are looking at skin care at the moment and doing a national study including XRT cream, Stratamed gel. Margaret Latham &amp; Eugene Leong are breast specialists in Genesis in WA.</p> <p>Genesis now offering DRBEA breathing to reduce lung and heart affect. Now also able do stereotactic radiation to brain areas, reducing effects on other brain tissue.</p> <p>16-20 hyper fractionated treatments in Canada being reviewed in a study may become the norm.</p> <p>Stage 3 - Radiotherapy &amp; 28 brachytherapy (internal) &amp; chemo &amp; for advance prostate. The internal area is large and therefore affects many nodes. Now also more targeted though so less bowel and skin issues.</p> <p>Using <a href="http://www.eviq.org.au">www.eviq.org.au</a> for treatment protocol and guides.</p> <p>Genesis get FSH &amp; Bunbury all public &amp; private, others are private referrals (via MDT meetings) from various hospitals/teams, who is best placed to do the required treatment.</p> <p>Need to get partnerships with lymphoedema therapists &amp; others. Tried it with earlier places but didn't work very well. Genesis had been looking at old Cancer Council therapist list but this is now out of date and Genesis need to be looking at <a href="#">ALA NLPR</a> register for qualified Lymphoedema therapists. Sharon will feed back to Genesis.</p> <p>Genesis linking up with Maquarie in Sydney – what about linking up with Huroo Suami and lymph mapping and in WA?</p>
Conclusion	Thank you to Sharon for a very interesting talk and update
Action	Request to Madeline to formally write to Sharon Ray

Topic	What about MLD during radiation therapy?
Discussion	What about MLD during radiation therapy – a few years ago it seemed to be the norm. Rachel will L-dex fortnightly but generally not recommended now.
Conclusion	Areas usually too tender for MLD during therapy
Action	

Topic	Symposium update
Discussion	Felt it was really a good 3 day symposium with many excellent presentations. Generally recognised that there were not enough places on most of the sessions. Prof Hiro Shumi did excellent talk on ICG lymph mapping. TGA has already approved heart mapping, but not for ICG lymph mapping? Rachel asked if we could have it in WA but apparently not on the radar as yet.
Conclusion	Should perhaps try to promote it be based at Rockingham with Jackie Andrews, Megan Stewart, etc. which has an emergency & lymphoedema depts.
Action	One off funding from Adelaide SA – Rosemary will look up the details.

Topic	Update on do we know a list of docs for lipo/lymph diagnosis in Perth area?
Discussion	3 GP's – one in Ellenbrook. Mati to email me the list. Christopher Leckich surgeon from Qld. Check out plastic surgeon in Perth/Mandurah offering liposuction.
Conclusion	See local list attached.
Action	

Topic	Next meeting dates
Discussion	<ul style="list-style-type: none"> <li>- 14<sup>th</sup> August at Mandurah Oedema Clinic (36 Waterside Dr, Dudley Park). Topic Wound care management – Sue Hoskins vascular nurse FSH</li> <li>- 15<sup>th</sup> October – meeting TBA</li> <li>- Possible Dec Xmas meeting organised by Belinda</li> </ul>
Conclusion	Please let Belinda know if any workshops info which can be sent out to mailing list.
Action	Thanks to Rosemary for hosting the last meeting.